



CERTIFICATE OF PARTICIPATION

This is to certify that

Richard Nischk

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:46:23

PACE 06:48/km

**GENDER 239 of
563**

OVERALL 316 of 834

**SENIOR (20- 138 of
39) 291**



08 July 2023, Sat

Date

BoutTime

Signature

